

CPCAB Level 4 Diploma in Therapeutic Counselling (TC-L4)

The course is run over two years and provides professional training in counselling, through which students will acquire both a sound theoretical framework and the practitioner skills required to work safely and effectively as a counsellor within an agency setting. **The course will be delivered within an integrated approach of psychodynamic and person-centred therapy.** By the end of the course students will be able to demonstrate that they can work safely, ethically and professionally with clients presenting with a range of problems.

This Diploma provides:

- coherent vocational and professional counselling training
- a competence based training which highlights the development of skilled practice via experiential learning
- specific training for the role of counsellor in an agency
- an introduction to a range of counselling theories and approaches
- a pathway to higher level study in counselling

CPCAB: The Counselling and Psychotherapy Central Awarding Body offers a range of Vocationally-Related Qualifications (VRQs) and awards in counselling and related areas. The main qualifications are accredited into the National Qualifications Framework (NQF).

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450 hours training to be delivered

Start: September 2017
End: July 2019
Venue: Wainbridge House, Shepherd Road, Gloucester, GL2 5EL

Thursdays 4.00pm – 9.30pm (Year 1)

Tuesdays 4.00pm - 9.30pm (Year 2)

(during school terms, with holidays taken at half terms, Christmas, Easter & over the summer)

PLUS

Nine Saturday Workshops, 10.00am - 4.00pm, monthly (dates to be agreed)

FEES: £2,299 for year 1
(to include CPCAB registration)

In addition to the annual fees there are other costs to be considered including:

- A minimum of 25 hours of personal therapy annually (typically £40 per session)
- Supervision for non Listening Post placements (typically £40 an hour)
- Books, photocopying, travel, childcare, etc.

Course Content

To include:

- **Counselling Theory**
- **Professional Framework**
- **Skills Development**
- **Case discussion**
- **Specific issues**

What is required of you?

Completion of 100 hours of contracted and supervised counselling practice, working in an agency setting that is acceptable to the tutors. Proficient trainees will be offered a supervised training placement within Listening Post.

A commitment to personal therapy during the course.

Full participation in experiential work and skills practice, working in close co-operation with other group members.

Satisfactory completion of all course assignments.

This is a demanding professional qualification, so in addition to the classroom time, students should anticipate the equivalent of two days per week of private study time to cover assignments, client work, supervision and personal therapy.

Entry requirements

CPCAB level 2 Certificate in Counselling Skills and CPCAB Level 3 Certificate in Counselling Studies are required or equivalent qualifications.

You are expected to have a sound grasp of written and spoken English, preferably with English at GCSE grade C or above.

Students applying for the CPCAB Diploma must complete an application form, accompanied by completed references, followed by attendance at a briefing and interview.

Tutors will be looking for readiness and both proven and potential ability to make effective use of this particular course.

**For more details contact
Listening Post**

Tel: 01452 383820

or e-mail:

lpostcounselling@listeningpost.org.uk
www.listeningpost.org.uk

Listening Post

Listening Post is a Counselling and Training Service, which is a registered charity and Christian in foundation.

Whilst other institutions also offer the CPCAB qualifications, what makes the Listening Post course distinctive is its recognition of a spiritual dimension to human psychological development, and this is incorporated into the learning experience.

In addition to the Diploma, Listening Post offers training at the introductory and Certificate levels and runs an annual programme of Counselling Seminars.

As an Organisational Member of the BACP (British Association for Counselling and Psychotherapy) Listening Post is bound by the BACP's Ethical Framework for the Counselling Professions.



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**A Two Year Course
part-time**

Sept. 2017 - July 2019

**CPCAB: Counselling and Psychotherapy
Central Awarding Body**

Listening Post Christian Counselling Service Ltd

Reg. Charity No 1013442
Ltd Company No. 2619615