An introduction to Listening Skills

This course is for those who wish to learn listening skills to help other people whether that is a work or voluntary setting.

No previous training or experience is required!

★ Develop listening skills ★ Foster a helping relationship

★ Use basic Listening skills with self-awareness

★ Focus on the person and empathise with their concerns

★ Listen to yourself and others ★Manage relationships better

Listening is a powerful tool that informs, educates and develops

"This is an excellent course which can influence your daily life in a most positive way. It should be compulsory"

2 Day Course £80 p/p

Saturday 24th February 2024 &
Saturday 2nd March 2024 10am to 4pm
Location: Hester's way Community centre
Cheltenham GL51 7SU.

10-week course £295 p/p

Tuesday 16th April to Tuesday 25th June
6.30pm – 9.00pm and one full Saturday 10am – 4pm
Location: Hester's Way Community Centre,
Cheltenham GL51 7SU

"This was both enlightening and helpful, I now have a better understanding of the value and importance of listening"

Contact Listening Post for a booking form

***Listening Post** is a registered charity providing affordable counselling and counselling training to adults in Gloucestershire. As an Organisational Member of the BACP (British Association for Counselling and Psychotherapy) Listening Post is bound by the BACP's Ethical Framework for the Counselling Professions and subject to the Professional Conduct Procedure therein.*

www.listeningpost.org.uk

Contact us

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